

Nutritional Information



9" Pies	Servings	Calories	Fat	Carbs	Sugar	Protein	Sodium
DAILY							
Southern Custard	8	430	20g	56g	35g	6g	230mg
I-40	8	530	28g	69g	41g	4g	200mg
Granny's Apple	8	560	19g	95g	61g	3g	390mg
Chocolate Cream	8	430	22g	56g	43g	4g	220mg
Key Lime	8	440	18g	59g	53g	9g	270mg
Peanut Butter Cream	8	600	40g	54g	40g	9g	350mg
Coconut Cream	8	510	19g	78g	58g	5g	230mg
Chewy Chocolate Chip	8	720	36g	96g	59g	5g	400mg
Nanny's Pecan	8	470	27g	56g	32g	4g	190mg
SEASONAL							
Spiced Pumpkin	8	330	16g	42g	23g	4g	160mg
Caramel Turtle	8	480	23g	67g	49g	5g	300mg
Cherry	8	320	8g	60g	37g	2g	65mg
Lemon Ice Box	8	380	15g	52g	46g	7g	150mg
Strawberry	8	380	12g	69g	46g	2g	70mg
Blueberry	8	270	9g	43g	24g	2g	55mg
PIE IT FORWARD							
Banana Cream	8	460	20g	65g	45g	4g	200mg

Nutritional Information

4" Pies	Servings	Calories	Fat	Carbs	Sugar	Protein	Sodium
DAILY							
Southern Custard	2	240	12g	31g	15g	3g	105mg
I-40	2	470	22g	61g	37g	4g	190mg
Granny's Apple	2	480	18g	77g	47g	3g	320mg
Chocolate Cream	2	310	16g	41g	30g	3g	160mg
Key Lime	2	260	11g	34g	30g	4g	160mg
Peanut Butter Cream	2	440	28g	40g	29g	6g	250mg
Coconut Cream	2	300	12g	44g	27g	3g	120mg
Chewy Chocolate Chip	2	570	28g	75g	45g	4g	300mg
Nanny's Pecan	2	440	22g	55g	32g	4g	190mg
SEASONAL							
Spiced Pumpkin	2	280	14g	34g	17g	3g	115mg
Caramel Turtle	2	360	17g	47g	31g	4g	190mg
Cherry	2	270	8g	47g	26g	2g	75mg
Lemon Ice Box	2	220	10g	30g	26g	4g	105mg
Strawberry	2	300	11g	49g	30g	2g	65mg
Banana Cream	2	370	17g	51g	33g	3g	160mg
Blueberry	2	250	10g	38g	19g	2g	60mg
PIE IT FORWARD							
Banana Cream	2	370	17g	51g	33g	3g	160mg

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Cookies	Servings	Calories	Fat	Carbs	Sugars	Protein	Sodium
Vanilla Thumbprints	1	180	8g	25g	11g	1g	70mg
Pumpkin Spice Thumbprints	1	180	8g	25g	11g	1g	70mg
Candy Cane Thumbprint	1	180	8g	25g	11g	1g	70mg
Winter Mint Thumbprint	1	180	8g	25g	11g	1g	70mg
Strawberry Thumbprints	1	180	8g	25g	11g	1g	50mg
Lemon Thumbprints	1	180	8g	25g	11g	1g	70mg
Key Lime Thumbprints	1	180	8g	25g	11g	1g	70mg
Chocolate Thumbprints w/ Ganache	1	180	9g	23g	11g	1g	45mg
Chocolate Thumbprints w/ Vanilla	1	180	8g	26g	14g	1g	65mg